

I'm Not Afraid of the Dark!



Sid and his friends think that the dark can be scary! But once they investigate, Sid's crew learns that just because the lights are out, doesn't mean things are different. Darkness is simply the absence of light—and there's no reason to be scared. With the help of an adult, you and your friends can create your own Cave of Darkness. Don't forget to write down your observations!

You will need:

- A table or four chairs arranged with significant sitting area in the center
- Blankets that will block out all light
- A child who will sit inside the Cave of Darkness

Instructions:

1. An adult should help arrange the table (or chairs) in order to prepare the Cave of Darkness.
2. Ask a child volunteer to sit on the floor under the table (or in the middle of the chairs).
3. Let the other children cover the table or chairs with thick blankets that fall to the floor and will block out all signs of light. The child inside the Cave of Darkness should report if any light can be seen and the blankets should be rearranged until no light shines through.
4. Ask the child inside the Cave of Darkness to describe his or her observations of the dark as blankets are added to block the light.
5. Repeat the activity with other children who want to participate in this experiment.



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